

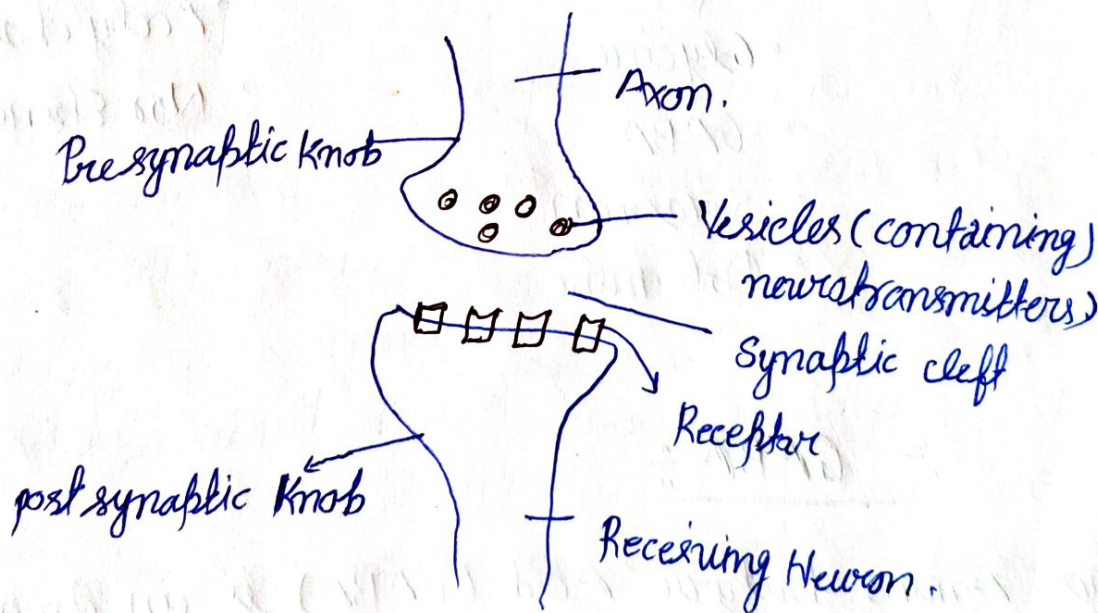
Unit - 4th

÷ Neurotransmitters & Their mode of Action:

÷ Neurotransmitters:

- Neurotransmitters are chemical messengers that transmit signals from a neuron to a target cell across a synapse.
- Target cell may be a neuron or some other kind of cell like a muscle or gland cell.
- Necessary for rapid communication in synapse.
- Neurotransmitters are packaged into synaptic vesicles presynaptic side of a synapse.

÷ A schematic representation of a chemical synapse:

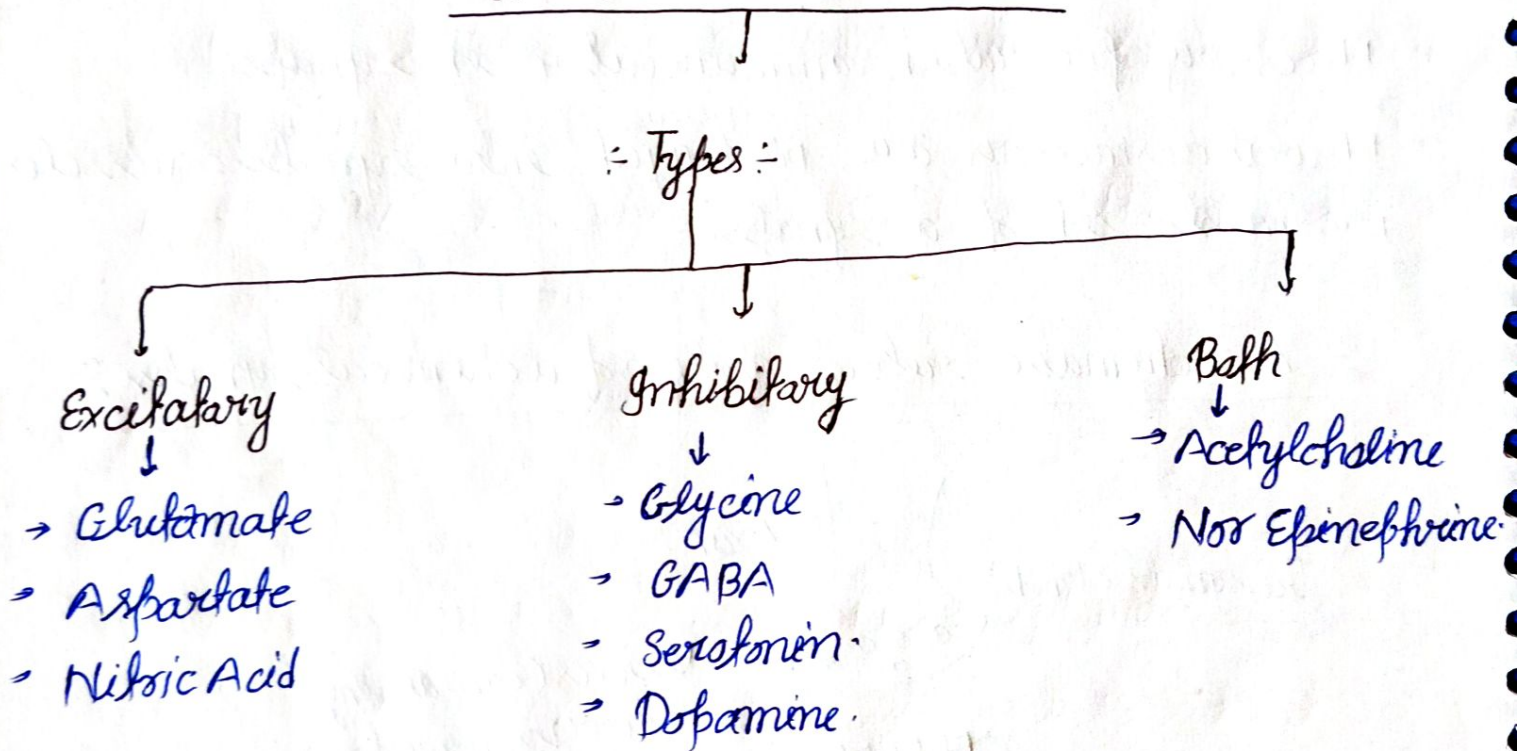


÷ Properties of Neurotransmitters:

- (1) Synthesized in the presynaptic neuron.
- (2) Localised to vesicles in the presynaptic neuron.

- (3) Released from the presynaptic neuron under physiological condition.
- (4) Rapidly removed from the synaptic cleft by uptake or degradation.
- (5) Presence of receptor on the post synaptic neuron.
- (6) Binding to the receptor elicits a biological response.

∴ Types of neurotransmitters ∴



∴ GABA ∴

- Gamma-Amino Butyric Acid (GABA) is an amino acid which acts as a neurotransmitter in the central nervous system.
- It inhibits nerve transmission in the brain calming nervous activity.
- Chemical formula - $C_4H_9NO_2$

→ GABA is a zwitter ion with deprotonated carboxyl group and protonated amino group.

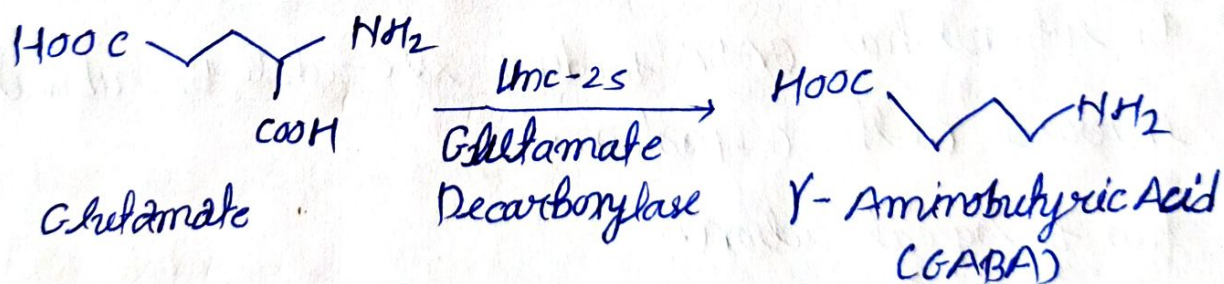


(GABA → Gamma Amino butyric acid)

∴ Discovery ∴

- In 19th century, was known as metabolite of plant and microorganism.
- In 20th century - was isolated as amino acid in the brain of mouse through paper chromatography.
- In 1950 Robert and Frankel discovered that GABA act as Inhibitory neurotransmitter in human brain.

∴ Synthesis ∴



- Synthesized from amino acid - L-glutamate acid in present of GAD.
- Glutamic acid decarboxylase (GAD) present in neurons, pancreatic cells and in body fluid.
- GAD acts as a catalyst that removes carboxyl group from glutamate and produce GABA.

∴ Classes of GABA Receptor ∴

GABA receptor is of two types:

- (1) GABA_A receptor.
- (2) GABA_B receptor.

∴ GABA_A Receptor ∴

- It has pentameric structure.
- It has structural & functional similarity with ligand gated ion.
- Each GABA - A receptor contain two alpha, two beta & one gamma subunit.

∴ GABA_B Receptor ∴

- They are hetero dimers.
- GABA - B has been cloned to β_1 & β_2 subunits.
- β_1 subunit has GABA binding site while β_2 subunit interact with G-protein.
- Two biological action.
 - Decrease Ca^{2+} conductance
 - Increase K^+ conductance

∴ Function of GABA ∴

- Relieving Anxiety
- Relieving Pain.
- Regulating the release of sex hormones.

- Treating ADHD (Attention deficit hyperactivity disorder)
- Burning fat
- Stabilizing blood pressure.
- Decrease blood sugar levels in diabetics

∴ Glutamic Acid or Glutamate ∴

- Acidic nonessential amino acid.
- Imp as the building block of protein synthesis.
- As a neurotransmitter in CNS.
- Major Excitatory neurotransmitter.
- Called king of neurotransmitter.
- Also called master switch of brain.
- Concentration in brain is 10 mM, the highest of all amino acids and of all neurotransmitter.

∴ Synthesis of Glutamate ∴

- Given the excitatory effect of glutamate, it is excluded from the brain by BBB that is blood brain barrier is impermeable to Glutamate.
- Thus glutamate in the brain must be synthesised de novo from glucose.
- TCA → Alpha ketoglutarate → Glutamic Acid (via transamination)
- Reuptake to storage vessels.
- 20% of glutamate turnover through Glutamate transporter. &
- 40% through glutamine cycle.

Receptor of Glutamic Acid

Ionotropic receptors

(i) NMDA Receptors: (N-Methyl-D-Aspartate)

7 subunits (GluN1, GluN2A, GluN2B, GluN2C, GluN2D, GluN3A, GluN3B).

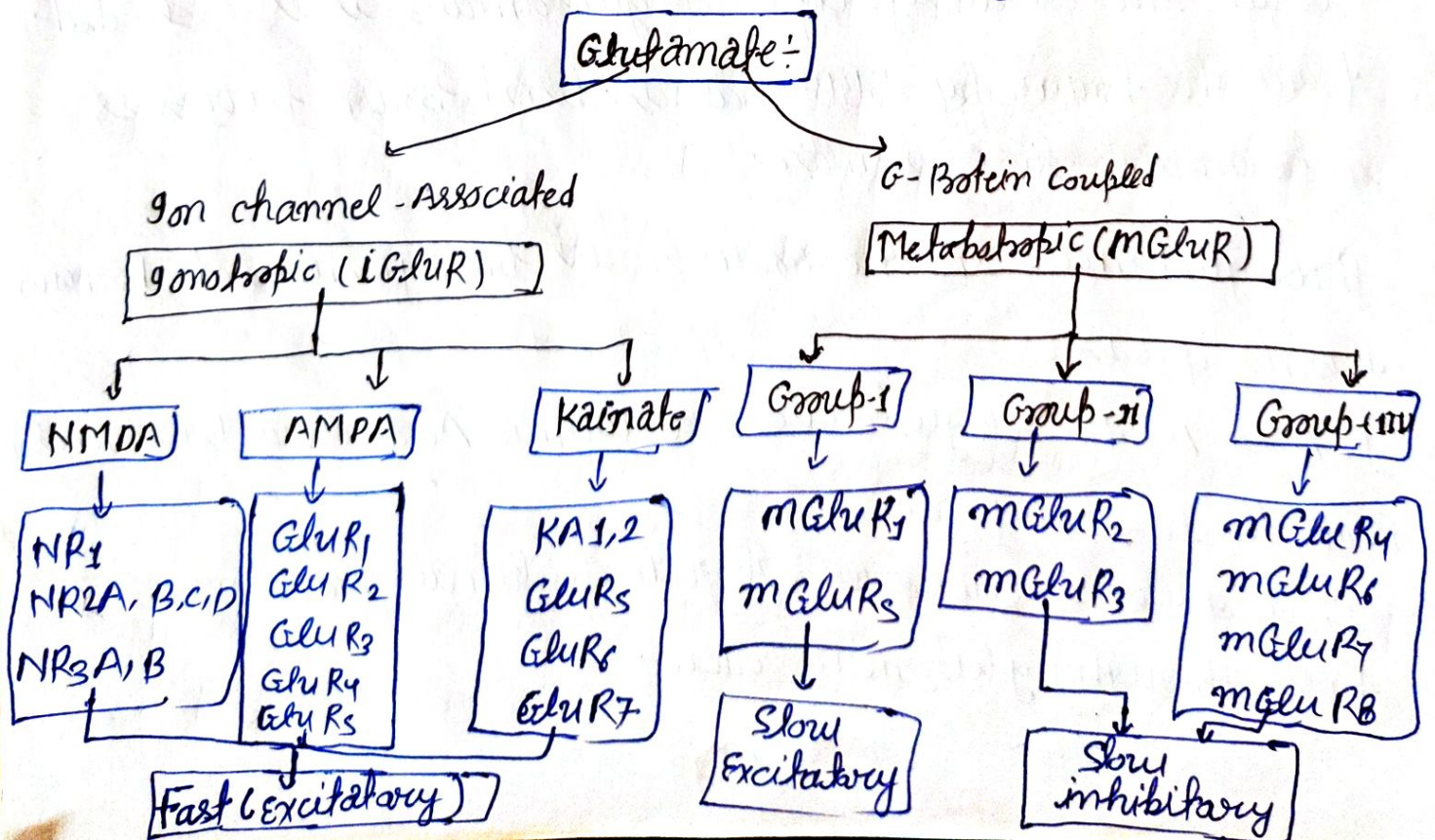
(ii) AMPA Receptors: (α -Amino-3-hydroxy-5-methyl-4-isoxazole propionic acid)

4 subunits are present such as -

(GluA1, GluA2, GluA3, GluA4)

(iii) Kainate Receptors: There are 5 subunits are present such as -

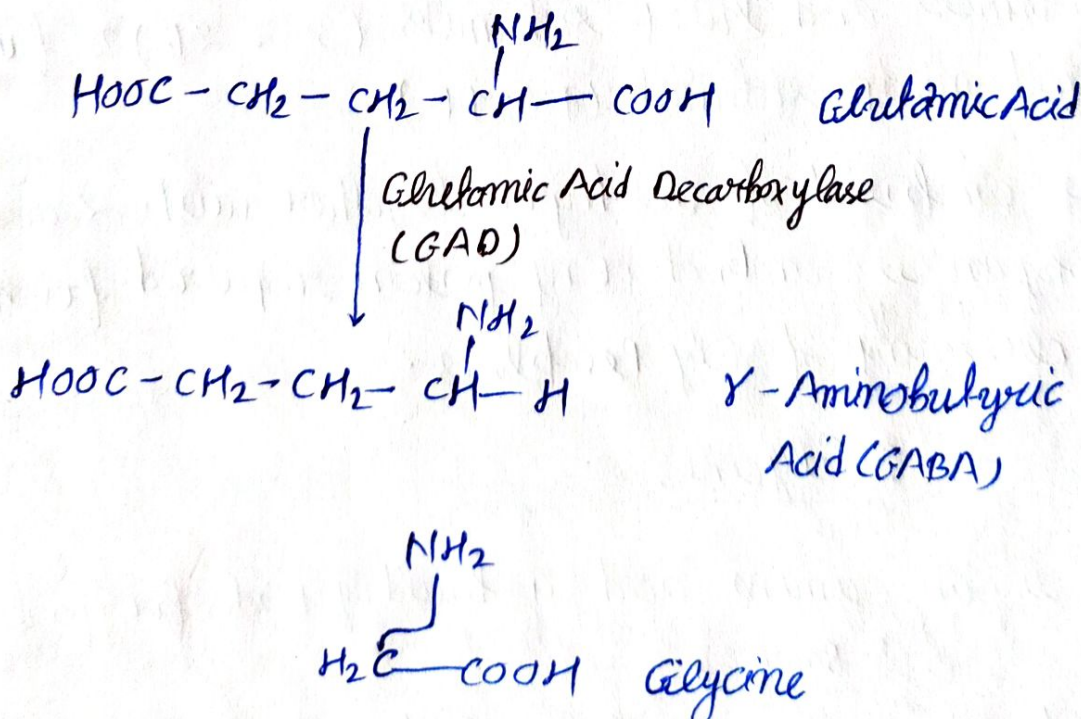
GluK1, GluK2, GluK3, GluK4, GluK5



◦ Glycine Receptor ◦

- > Glycine is a simplest amino acid which is semiessential amino acid and it should be taken as a nutritional supplement.
- > Glycine is also a major inhibitory neurotransmitter in the adult vertebrate central nervous system (CNS)
- > Glycinergic synapses are particularly abundant in spinal cord and brain stem, but are also found in higher brain regions including the hippocampus.
- > Glycine receptor (GlyR) is a member of the nicotinic acid receptor superfamily.
- > It is also known as an inhibitory chloride channel protein.

◦ Synthesis ◦



Structure:

→ Glycine receptors exist as pentameric proteins, homooligomers of the α isoforms ($\alpha_1, \alpha_2, \alpha_3, \text{ or } \alpha_4$) or hetero oligomers which also contain the β -subtype variant β_1 which is essential for targeting the receptor to the synapse.

→ Receptors are arranged as five subunits surrounding a central pore with each subunit composed of four α helical transmembrane segments.

→ There are presently four k/w isoforms of the α subunit (α_1-4) of Gly-R that are essential to bind ligand - (GLRA1, GLRA2, GLRA3, GLRA4) and a single β -subunit (GLRB)

→ The adult of the Gly-R is the heteromeric α, β receptor, which is believed to have a stoichiometry (proportion) of three α_1 subunits and two β subunits ($3\alpha: 2\beta$) or four α_1 subunits and one β subunit ($4\alpha: 1\beta$)

→ Gly-R is also composed of gephyrin together with α and β subunits. Gephyrin is an anchoring protein required for the postsynaptic clustering of Gly receptors.

Glycine:

→ Glycine is an amino acid a building blocks for protein.

Source:

It is found primarily in gelatin and silk fibroin and used therapeutically as a nutrient.

∴ Mechanism of Action ∴

In the CNS, there exist strychnine sensitive glycine binding sites as well as strychnine insensitive glycine binding sites. The strychnine insensitive glycine binding sites are located on the NMDA receptor complex. The strychnine sensitive glycine receptor complex is comprised of a chloride channel and is a member of the ligand-gated ion channel superfamily. The putative antispastic activity of supplemental glycine could be mediated by glycine's binding to strychnine-sensitive binding sites in the spinal cord. This would result in increased chloride conductance and consequent enhancement of inhibitory neurotransmission. The ability of glycine to potentiate NMDA receptor-mediated neurotransmission, raised the possibility of its use in the management of neuroleptic-resistant negative symptoms in schizophrenia.

∴ Pharmacokinetic ∴

It is absorbed from small intestine via an active transport mechanism and it is metabolized in liver.

∴ Use ∴

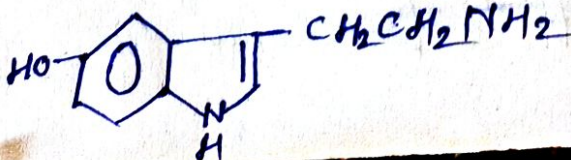
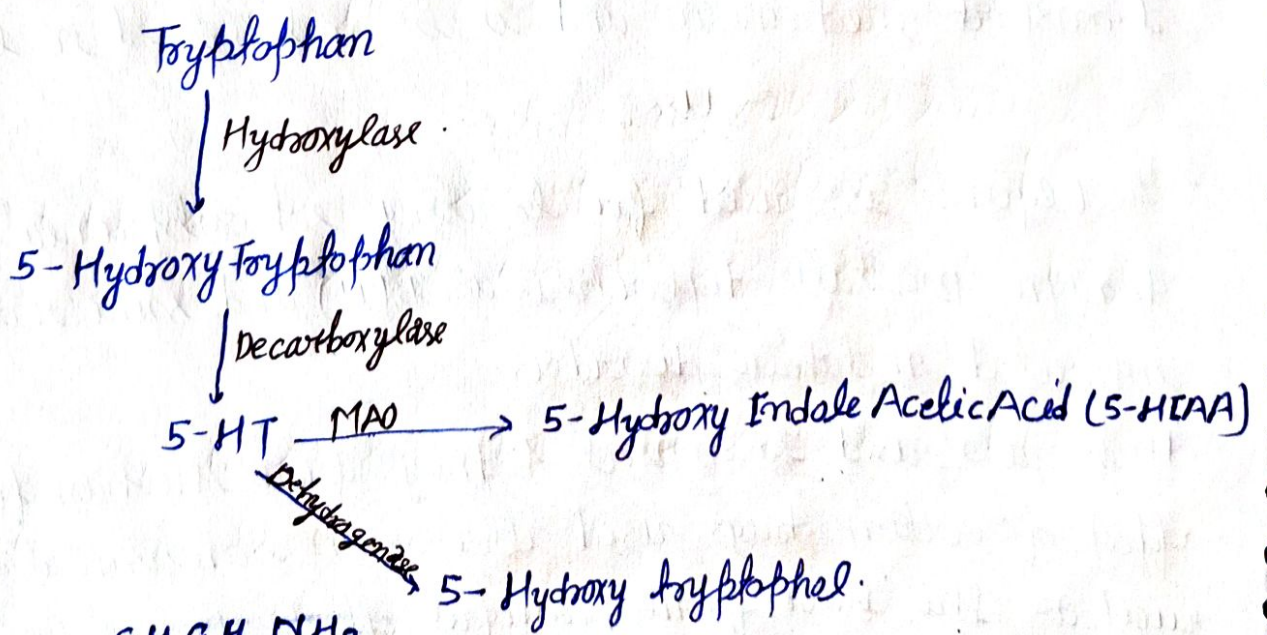
- Glycine is used for treating schizophrenia, stroke, benign prostatic hyperplasia (BPH) and some rare inherited metabolic disorders.
- It is also used to protect kidneys from the harmful side effect of certain drugs used after organ transplantation, as well as the liver from harmful effects of Alcohol.

- Sometimes it can also be used to treat leg ulcers and heal other wounds by applying on the skin.
- Glycine is also used as a sweetener, emollient emulsifying agent and solubilizing agent.

∴ Serotonin ∴

- Serotonin is a naturally occurring amine synthesized from the tryptophan & commonly found in plants, some fruits, animal tissues & insect venoms. In human being, it is found in enterochromaffin cells in GIT & CNS.
- Serotonin containing neurons are mainly found in limbic system, raphe nucleus, cortex hypothalamus, amygdala, caudal nucleus, mid brain vomiting centre & spinal cord.
- These regulate sleep, body temp. & mood.
- A hormone melatonin is derived from serotonin.

∴ Synthesis and degradation ∴



Pharmacological Action of Serotonin

← (5-HT → Hydroxy tryptophan) →

∴ Action on GIT:

- 5-HT act as a local hormone & to regulate peristalsis movement.

∴ Action on CNS:

→ It act as neurotransmitter in CNS.

∴ Action on CVS:

→ 5-HT produces positive inotropic effect & chronotropic effect in myocardium.

∴ Action on smooth muscles:

→ 5-HT constrict the smooth muscles of bronchia and GIT.

∴ Action on blood vessels:

→ 5-HT dilate the blood vessels of skeletal muscles, coronary arteries & capillary of skin.

∴ Action on platelets:

→ It enhance the aggregation of platelets haemostasis.

∴ 5-HT- Receptors:

→ The 5-HT receptors are the receptors for serotonin. They are located on the cell membrane of nerve cells and other cell types in animals, and mediate the effects of serotonin as the endogenous ligand.

- With the exception of the 5-HT₃ receptor, a ligand-gated ion channel, all other 5-HT receptors are G-protein-coupled seven transmembrane, (or-heptahelical) receptors that activate an intracellular second messenger cascade.

5-HT₂ receptors:

Occurs in CNS & many peripheral sites (especially blood vessels, platelets, autonomic neurons) Neuronal and smooth muscle effects are excitatory. Some blood vessel dilated as a result of nitric oxide release from endothelial cells. 5-HT₂ - receptors acts through phospholipase C/(inositol) triphosphate pathway.

5-HT₃ - receptors:

Occurs in peripheral nervous system especially nociceptive afferent nervous and enteric neurons and in CNS. effects are excitatory mediated via direct receptor coupled ion channel.

5-HT₄ receptors:

Occur mainly in the enteric nervous system (also in CNS). Effects are excitatory causing increased gastrointestinal motility. Act by stimulating adenylate cyclase.

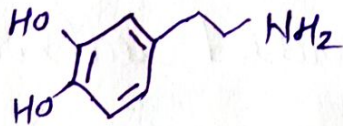
- Little is known so far about the function and pharmacology of 5-HT₅₋₇ receptors.

Pathophysiological Roles:

- Neurotransmitter
- Precursor of melatonin.
- Neuroendocrine functions.
- Nausea and vomiting.
- Migraine.
- Haemostasis.
- Hypertension.
- Intestinal motility etc.

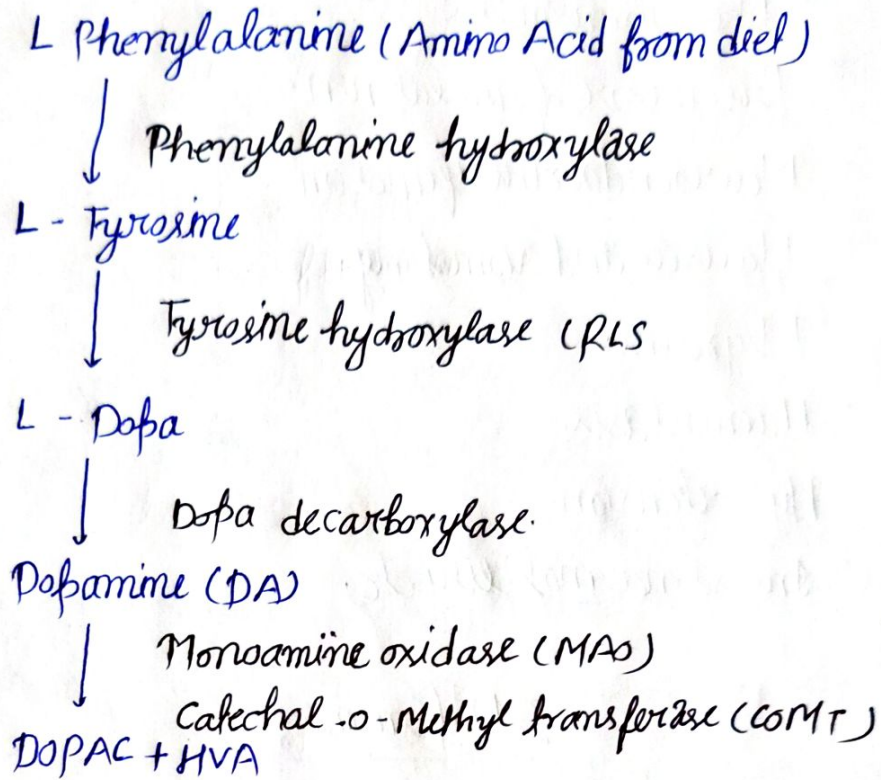
Dopamine

Introduction: Dopamine belongs to the family of catecholamines.



- Hormones, Epinephrine and Norepinephrine (other catecholamines) are derived from dopamine.
- Significant role in learning, goal-directed behaviour, regulation of hormones motor control.

Dopamine synthesis and Metabolism:



Dopamine-Receptors:

Metabotropic G-protein coupled receptors.

D₁-like family.

- Includes subtypes D₁ and D₅
- Activation is coupled to G_s: Activates Adenylyl cyclase which leads to increase in concentration of CAMP.

D₂-like family.

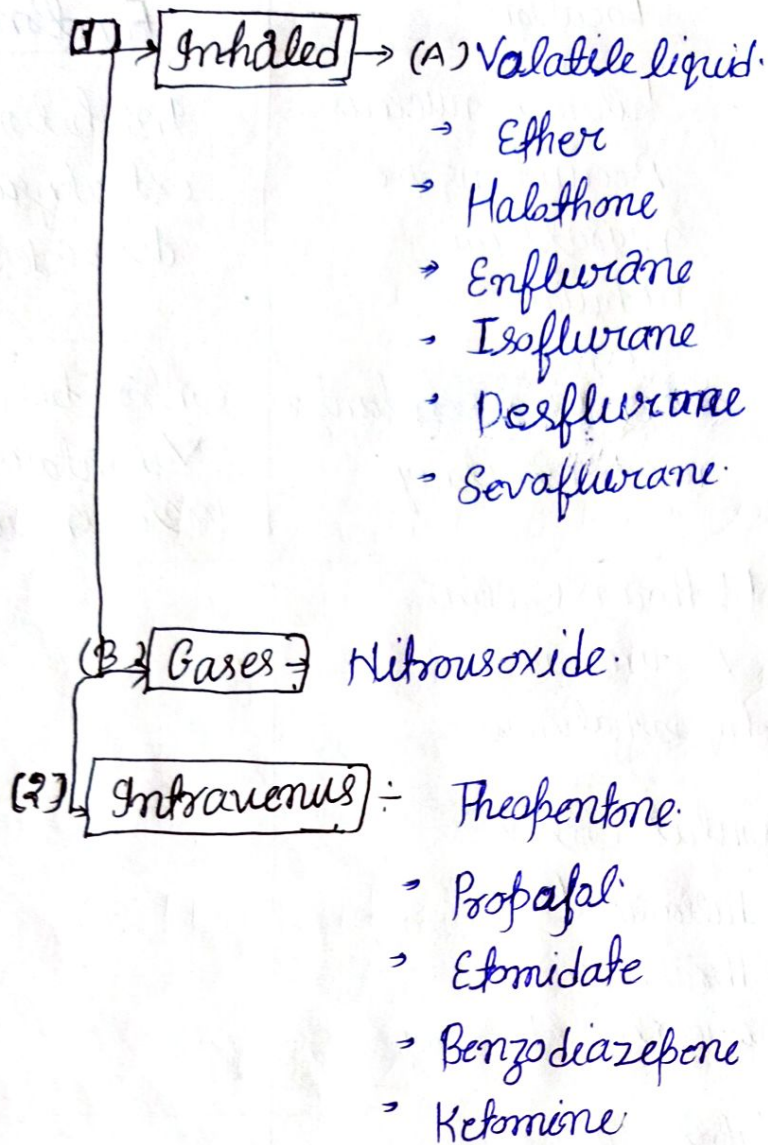
- Includes D₂, D₃ and D₄
- Activation is coupled to G_i: inhibits Adenylyl cyclase leading to decrease in concentration of CAMP.
- Also open K channels & closes Ca influx

Subtype	Location	Function
D ₁	Putamen nucleus Accumbens i.e nigrostriatal pathway	Inhibition causes extrapyramidal disorders.
D ₂	Striatum Substantia nigra pituitary	control behavior Voluntary prolactin release.
D ₃	Midbrain Nucleus Accumbens & hypothalamus.	
D ₄	Frontal cortex Medulla and Midbrain i.e mesocortical pathway	
D ₅	Hypothalamus Hippocampus.	

∴ General Anaesthetic ∴

General Anaesthetic are those agents which cause reversible loss of unconsciousness this is used before the surgery.

∴ Classification of General Anaesthetic ∴



∴ Stage of Anaesthesia:

- (1) Stage of Analgesia.
- (2) Stage of Delirium
- (3) Stage of Surgical Anaesthesia.
- (4) Stage of Respiratory paralysis.

∴ (1) Stage of Analgesia:

This is the first stage of Anaesthesia. In this stage the sensation pain and touch loss

(2) Stage of Delirium:

In this stage the consciousness of body is slowly less and patient goes into coma stage.

(3) Stage of Surgical Anaesthesia:

In this stage the total body is Anaesthesia patient lost consciousness, but their respiration is normal.

→ This is the best stage for surgery.

(4) Stage of Respiratory paralysis:

This is the last and most dangerous stage in this stage on longer.

→ Those patient respiratory system can be paralysis and if patient remain in this stage for long time then death will occur.

= Volatile liquid:

(i) Ether (Diethyl ether): It is a colorless volatile liquid with a pungent odour.

→ It is highly inflammable and explosive.

→ It is quick absorbed and eliminated through lungs.

Advantages: (i) It is a safe anaesthetics.

(ii) It produce satisfactory muscle relaxant.

(iii) It does not produce liver & kidney damage.

Disadvantage :- (i) Induction is slow and unpleasant.

- (ii) It irritates mucus membrane and produce cough.
- (iii) It increase secretion of respiratory track.
- (iv) Recovery is slow.

Desflurane

→ It is highly volatile and less soluble in blood tissues. so induction and are quick its pungent odor may cause irritation leading to coughing and large spasm. No liver or kidney toxicity suitable as an anesthetic for out patient.

Malignant hyper thermia

Is an inpartable to toxicity of halothane it is due to the release of calcium from the sarcoplasmic Reticulum. It is treated by the administration of dantrolene A Directly acting muscle relaxant.

- Advantages :- (i) It is non inflammable it does not irritate respiratory passages.
- (ii) Induction and recovery are quick.
 - (iv) It induces controlled hypotension. So it produce blood less field for safe plastic surgery.

Disadvantage :- (i) Muscle relaxation is not adequate.

- (ii) Respiratory depression at 20% concentration.
- (iii) Cardiovascular depression and hypotension.

(B) Gaseous Anaesthesia:

Nitrous oxide: It is also called as is colorless laughing gas and sweet in taste it is heavier than air it is non inflammable but supports composition.

- It is insoluble in blood and it does not combine with hemoglobin.
- It is carried in blood in the form of physical solution.
- It does not decompose in the body. so the oxygen of nitrous oxide is not available for tissue respiration.
- It is excreted unchanged through the lungs. A small quantity may be eliminated through skin.

Advantage: Induction and recovery are quick.

- No irritation to mucous membrane.
- It is non toxic to liver and kidney

Disadvantage It is not a potent Anaesthetic muscle relaxation. is not Adequate special Apparatus is required for its use is produce euphoria.

- Pre Anaesthetic Medication:

- Before surgery or operation the group of medicine which are given with the Anaesthetic is called pre Anaesthetic medicine and the process is known as pre Anaesthetic Medication.

→ (1) Sedation → Barbiturate - Sleep.

(2) Analgesia → General

(3) Inhibition of parasympathetic activity Atropin

Antiemetic effect → Promethazine.

Anticoagulant → Heparin → Blood Clot.

∴ Drugs of general Anaesthetics:

∴ Inhalational Anaesthetics:

(1) Nitrous Oxide (N_2O) is a colourless, odourless, heavier

than air, noninflammable gas supplied under pressure in steel cylinders. It is nonirritating, but low potency anaesthetic.

Nitrous oxide is a good Analgesic. even 20% produces Analgesia equivalent to that produced by conventional doses of morphine. Muscle relaxation is minimal.

Nitrous oxide is generally used as a carrier and Adjuvant to other Anaesthetics. A mixture of 70% N_2O + 25-30% O_2 + 0.2-2% another potent Anaesthetic is employed for most surgical procedures.

• As the sole agent, N_2O (50%) has been used with O_2 for dental and obstetric Analgesia. It is nontoxic to liver, kidney and brain. However,

prolonged N_2O Anaesthesia has the potential to depress bone marrow and cause peripheral neuropathy.

• Metabolism of N_2O does not occur it is quickly removed is cheap and commonly used.

(2) Ether (Diethyl Ether) It is highly volatile:

- Liquid, produces irritating vapours which are inflammable and explosive ($C_2H_5-O-C_2H_5$)
- Ether is a potent Anaesthetic produces good Analgesia and marked muscle relaxation by reducing Ach output from motor nerve endings.
 - The dose of competitive neuromuscular blockers should be reduced to about $1/3$. It is highly soluble in blood.
 - Induction is prolonged and unpleasant with struggling.
 - Breathholding, salivation and marked respiratory secretions (Atropine) must be given as premedication to prevent the patient from drowning in his own secretions) Recovery is slow postanaesthetic nausea vomiting and retching are marked.

(3) Halothane (Fluothane)

- It is a volatile liquid with sweet odour, nonirritant and noninflammable. Solubility in blood is intermediate → induction is reasonably quick and pleasant.
- It is potent Anaesthetic - precise control of Administered conc. is essential. for induction 2-4% and for maintenance 0.5-1% is delivered by the use of a special vaporizer. It is not a good Analgesic or muscle relaxant. but it potentiates competitive neuromuscular blockers.

Halothane (Prototype)

- Advantages:
- Potent Anesthetic, rapid induction & recovery.
 - Neither flammable nor explosive sweet smell, non irritant
 - Does not augment bronchial and salivary secretions.
 - Low incidence of post operative nausea and vomiting
 - Relaxes both skeletal and uterine muscle and can be used in obstetrics when uterine relaxation is indicated.
 - Combined with its pleasant odor, this makes it suitable in children for inhalation induction.

- Disadvantages:
- Weak Analgesic (this is usually coadministered with H_2O opioids).
 - Is a strong respiratory depressant
 - ~~is~~ a strong cardiovascular depressant halothane is vagomimetic and cause atropine-sensitive bradycardia.
 - Hepatotoxic is oxidatively metabolized in the liver to tissue toxic hydrocarbons, (e.g. trifluoroethanal and bromide ion)
 - Malignant hyperthermia.

Intravenous Anesthetics:

- Potent Anesthetic but a weak analgesic.
- High lipid solubility, quickly enter the CNS and depress function, often in less than one minute and redistribution occur very rapidly as well to other body tissues, including skeletal muscle and ultimately adipose tissue (sever as reservoir).

→ All barbiturates can cause apnea causing chest wall spasm, laryngospasm and bronchospasm.

∴ Intravenous Anesthetics / Propofol:

Propofol: Phenol derivative. It is an IV sedative-hypnotic used in the induction and or maintenance of Anesthesia.

- Onset is smooth and rapid (40 sec)
- Decrease BP without depressing the myocardium it also reduce intracranial pressure
- It is widely used and has replaced thiopental as the first choice for Anesthesia induction and sedation, because it produces a euphoric feeling in the patient and does not cause post Anesthetic nausea and vomiting.
- poor Analgesia.

∴ Intravenous Anesthetics / Ketamine:

- Ketamine (Phencyclidine derivative) A short-acting Anesthetic induces a dissociated state in which the patient is unconscious (but may appear to be Awake) and does not feel pain
- This dissociative Anesthesia provides sedation amnesia and immobility.
- Ketamine is also a potent bronchodilator.
- Therefore, it is beneficial in patients in Asthmatics conversely it is contraindicated in hypertensive or stroke patients.

- Ketamine is used mainly in children and elderly adults for short procedures.
- It is not widely used because. It increase cerebral blood flow may induce hallucinations, particularly in young Adults.

Thiopentone Sodium

Barbiturate: Ultra short acting.

- Water soluble
- Alkaline
- Dose - Dependent suppression of CNS Activity.
- Dose 3-5 mg/kg iv (2.5%) solution - 15 to 20 seconds.

Pharmacokinetics: - Redistribution.

- Hepatic Metabolism (Elimination half life (7-12 hrs))

→ CNS depression persists for long > 12 hrs.

∴ Side effect of Thiopentone:

- Pre Anaesthetic course - laryngospasm.
- Noncompatibility - succinylcholine.
- Tissue necrosis - Gangrene
- Post - Anaesthetic Course - Analgesic

Thiopentone - Contained:

Advantages:-

- Rapid induction.
- Does not sensitize Myocardium to Adrenaline.
- No nausea and vomiting.
- Non explosive and non irritant.
- Short operations (Alone)
- other uses - Convulsion
- psychiatric patients and narcoanalysis of criminals.

Disadvantages:-

- Depth of Anaesthesia difficult to judge.
- Pharyngeal and laryngeal reflexes.
- persists - Apnoea - controlled-ventilation
- Respiratory depression.
- Hypotension (rapid) & shock and hypovolemia.
- poor analgesic and muscle relaxant
- Gangrene and necrosis.
- Shivering and delirium.

(4) Fentanyl:

- Neurolept Analgesia - droperidol
- 4-Acylanilino derivative
- Opioid Analgesic.
- Duration of Action 30 - 50 min.

Use:-

In combination with diazepam used in diagnostic endoscopic and Angiographic procedures.

- Adjunct to spinal and nerve block Anaesthesia.

Fentanyl contained :-

Advantages:-

- Smooth onset and rapid recovery

DisAdvantages

- Respiratory depression.

- Suppression of vomiting and coughing.
- Commanded operation
- Less fall in BP and no sensitization to Adrenaline.
- Increase tone of chest muscle.
- Nausea vomiting and itching during recovery

∴ Sedative & Hypnotics ∴

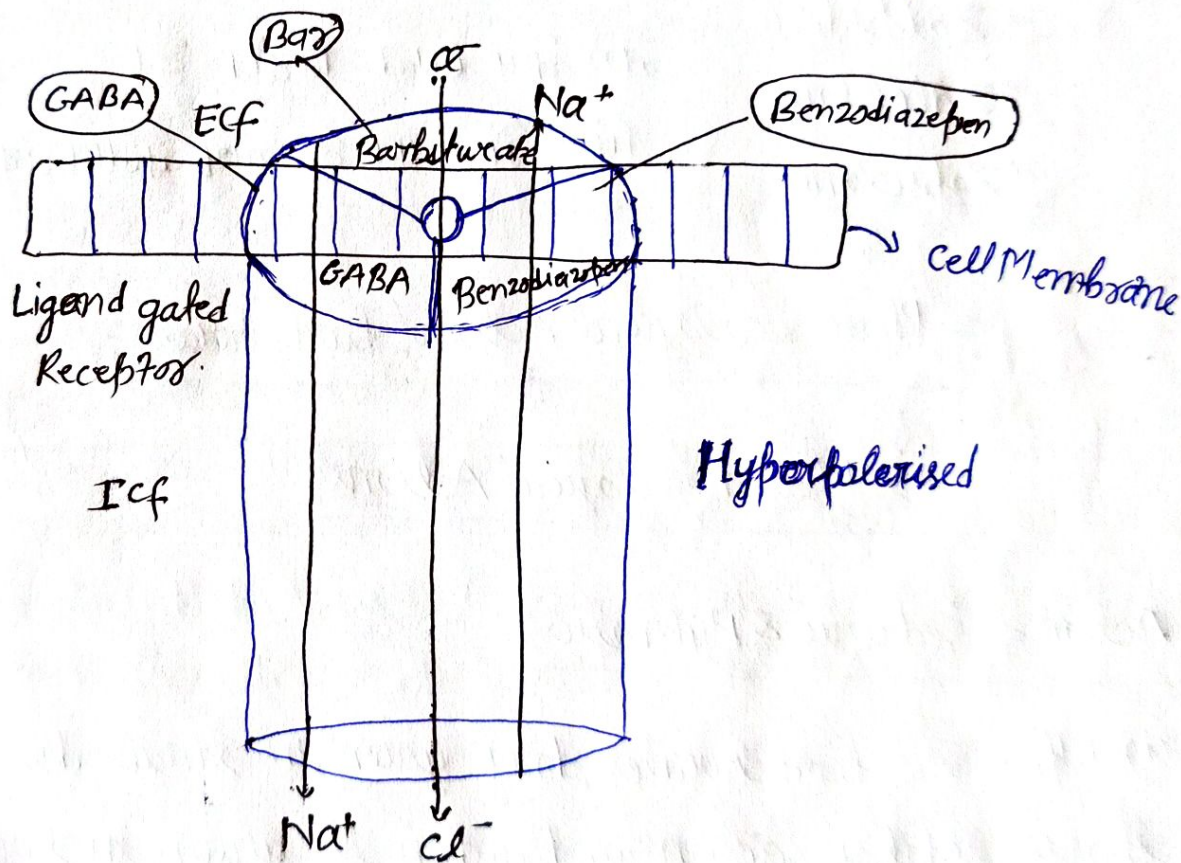
- Sedative and Hypnotics are those drugs which acts on the central nervous system and they reduce the mental excitement, mental depress, and produce the natural sleep and sound sleep. They are called basically sedative & Hypnotics.
- Sedative are those drugs which do not produce sleep but they reduce the excitement of brain and depression and produce drowsiness.
- Hypnotics are those drugs which have higher concentration than sedative^{they} basically relax the brain completely and produce natural sleep or sound sleep.

∴ Mode of Action of Sedative and Hypnotics ∴

- Basically sedative and Hypnotics drugs are in of three category GABA Analog, Benzodiazepone, and Barbiturates.
- When Benzodiazepone or barbiturate any of the drug bind with their ^{Selective} receptors like benzodiazepone bind with

Benzodiazepen receptor and barbiturate bind with the barbiturate receptor and when these drugs bind the receptor the channels are becomes open and chloride ion goes from extra cellular fluid to intra cellular fluid.

→ And when chloride ion moves the channels becomes hyperpolarised and when the receptor becomes hyperpolarised the transmission of Na^+ is completely stop and in that case brain becomes relax and the excitement of brain is reduce and sedative and hypnotics action produce in our CNS.



∴ Classification of Sedative & Hypnotics:

(1) Barbiturates

Long Acting → Phenobarbitone

Short Acting → Butobarbitone

Ultra short Acting → Thiopentone Methohexitone

अगर वार्की को सुमाना है तो फेन
बूताओ थपकी दो माथे पर और
मस्त दोन मे लोरी जाओ

(2) Benzodiazepines - Hypnotics:-

- Diazepam
 - Flurazepam
 - Nitrazepam
 - Triazolam
 - Temazepam
 - Alprazolam
- दिया की फलू हो गया था नाइट में पर
त्रिपठी को तमीज नहीं रात भर बेजो पर
अलाप गाता रहा ।

(3) Newer Nonbenzodiazepine hypnotics :-

- Zolpidem
 - Zaleplon
 - Zopiclone
- नर लोग जाल बिद्यते हैं।
पिंड में प्लान के साथ क्लोन बनाते हैं।

∴ Pharmacological Action of barbiturates:

∴ Pharmacological Actions:

Action of Sedative & Hypnotics:

(1) When the barbiturates drug given in small dose then it shows sedative action and when it given in large dose it shows Hypnotics Action.

→ And when barbiturates drugs give regularly for sedation then it may cause Addiction.

(2) Anaesthetic Effect:

→ Some barbiturates drugs like "Thiopental Sodium" when it is given IV form then it cause Anaesthetic effect.

→ And these drug is generally given in pre Anaesthetic medication.

(3) Anticonvulsent

→ Some category of barbiturates drugs is given for the treatment of epilepsy like Phenobarbitone and Methobarbitone

(4) Effect on Respiration:

→ Barbiturates ^{drug} basically reduce the Hypoxic & Chemoreceptor response. and it causes the respiratory depression.

- And the rate of respiration becomes slow.

→ But when it is given in large dose they cause respiratory paralysis or death.

(5) Effect on Cardiovascular System:

→ In general dose there are no effect on CVS.

→ But after a long dose it may cause decrease in the heart rate and decrease in the cardiac output and blood pressure may also be reduce.

(6) Effect on Peripheral Nervous System:

→ When barbiturates drug is given then it affect the neurohumoral transmission in Ganglia of the peripheral Nervous System.

→ It reduce the both action of sympathetic and Parasympathetic nervous system. basically it blocks the nicotinic receptors and reduce the cholinergic response.

(1) Effect on Kidney

→ When barbiturate drug is given it shows effect on kidney it reduce the Glomerular filtration rate so the urine output is reduce.

(2) Effect on spinal cord:

→ When barbiturate drug is given it reduces the reflex action of spinal cord.

∴ Pharmacokinetics:

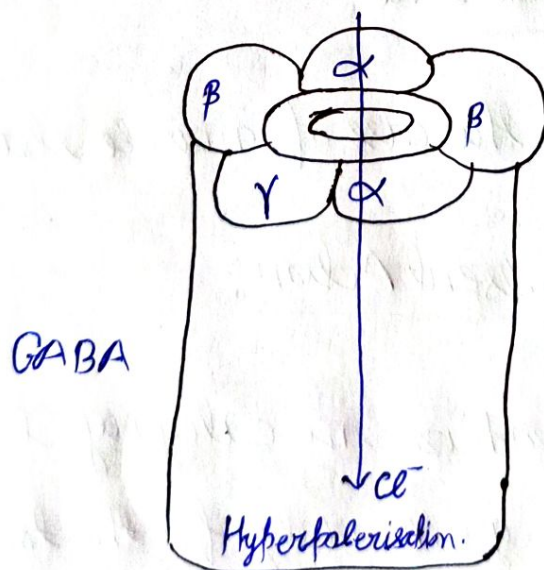
- It is well absorb orally from stomach and GIT.
- It is available in tablet form.
- And it is also available in injection form.
- Barbiturates are available in two form,
- Ionic or Non Ionic form.
- Ionic form is distributed slowly. And Unionic form drug
- can easily distributed and pass into the brain.
- It is metabolise in to the liver.
- And secrete through urine.

∴ Adverse Effect:

- Intolerance
- Anaemia.
- Allergy
- Addiction.
- Respiratory Depression.

Pharmacology of Benzodiazepines

- Benzodiazepine drug is a sedative hypnotics category drugs.
- Basically benzodiazepines drugs bind with the GABA receptor.
- GABA inhibit the action of brain or it depress the brain.
- When benzodiazepine drugs bind with the ^{GABA} receptor. then GABA receptor contain five pentameric form. two alpha two beta and one gamma.
- And after binding with the drug benzodiazepine with GABA receptor. the chloride channel is open and Cl^- ion goes inside from ~~ECF~~ to ICF.
- And due to hyperpolarisation of Cl^- ion. the CNS become depress.



Pharmacological Action

(1) Sedative & Hypnotics Action: Benzodiazepines drugs are used to treatment of Insomnia. It is given for sedative & Hypnotics Action.

- When benzodiazepine drugs are given in small dose then it causes or produce the sedative Action
- And when it is given in large dose it produce hypnotics Action.
- And when they are used more than four weeks then it may produce Addiction effect.

(2) Reduction of Anxiety & Aggression:

- Basically benzodiazepine drugs are also used in Anxiety Reduction and Aggression.
- And it is given before the minor surgery and dental surgery for reducing the Aggression.
- It is never be given ~~After~~ four week because it can cause Addiction and tolerance.

(3) Reduce Muscle tone:

- It is also given in the case of muscle spasm

(4) Anticonvulsant Action:

- Some drugs are benzodiazepine category like Diazepam & Medazepam which is given orally for the treatment of epilepsy or as a anticonvulsant drug.

(5) Anterograde Amnesia

- It is also used in the case of Amnesia when the patient
- This drug delete the old memories and create new

-memory.

Pharmacokinetics:

- It is given orally.
- It is well absorbed in stomach and intestine.
- They are lipophilic in nature. so they can pass the BBB and effective in the CNS and distributed in the CNS.
- It is metabolise ~~into~~ liver in the form of Glucuronic acid and oxidation reaction.
- It is secrete from the urine.

Adverse effect:

- Drowsiness
- Dizziness.
- Reduce Alertness.
- Reduce concentration.

Anticonvulsant / Antiepileptic:

Epilepsy:

- Most commonly seizure is also known as Epilepsy.
- It is derived from greek word epilambor' means to seize.
- It is a neurological disorder in which neurohumoral transmission of brain is completely affected

→ In epilepsy the sensory and motor neuron abnormally discharge. The function of all organ or body is completely change and seizure or convulsion comes out which is called epilepsy.

∴ Symptoms of epilepsy ∴

- Chronic recurrent proximal changes.
- Loss of consciousness.
- Excess of Muscular Activity.
- Abnormal Sensation.
- Sec to min.

∴ Classification of epilepsy ∴

(1) Generalised Epilepsy ∴ In this seizure the entire brain involve in the seizure. It is not derived from the any single part of the brain.

→ It is of two types -

(i) Grandmal → Tonic clonic Seizure.

(ii) Petitmal → Absence seizure.

→ Grandmal ∴ It is also called tonic clonic seizure.

→ In this seizure starts from o/c and then after bilateral muscular jerk.

→ In this seizure loss of consciousness completely involve and muscle spasm.

→ It remain two to five minute.

(ii) Petimal \Rightarrow It is also called absence seizure.

- \Rightarrow It is basically seen in the children.
- \Rightarrow In this seizure the completely loss of consciousness.
- And the loss of speech is generally seen.
- \Rightarrow It last from 1 to 30 sec.

(2) Partial / focal Seizure \Rightarrow This type of seizure generally

seen in any one part of the brain basically temporal lobes and it not involves in the full brain.

- \Rightarrow And its symptoms start from local body organ.
- it is of two types-

(1) Simple \Rightarrow Jacksonian Motor Epilepsy.

(2) Complex \Rightarrow Psychomotor.

(i) Simple \Rightarrow It is also known as Jacksonian Motor Epilepsy.

- \Rightarrow It starts from certain part of brain cortex.
- \Rightarrow Some muscle are jump like thumb or toe.
- \Rightarrow And do not loss any type of consciousness.
- \Rightarrow Duration of time is 1 to 2 min.

Complex \Rightarrow It is also called Psychomotor Epilepsy.

- \Rightarrow In this case body ~~sets~~ shows unusual behaviour like extensive, swallowing, chewing.
- \Rightarrow Shows confusion or bizzare

→ (3) Status Epilepsy :-

- In this case the brain is damaged.
→ And the time duration of these epilepsy for 30 minutes.

Classification of Antiepileptic

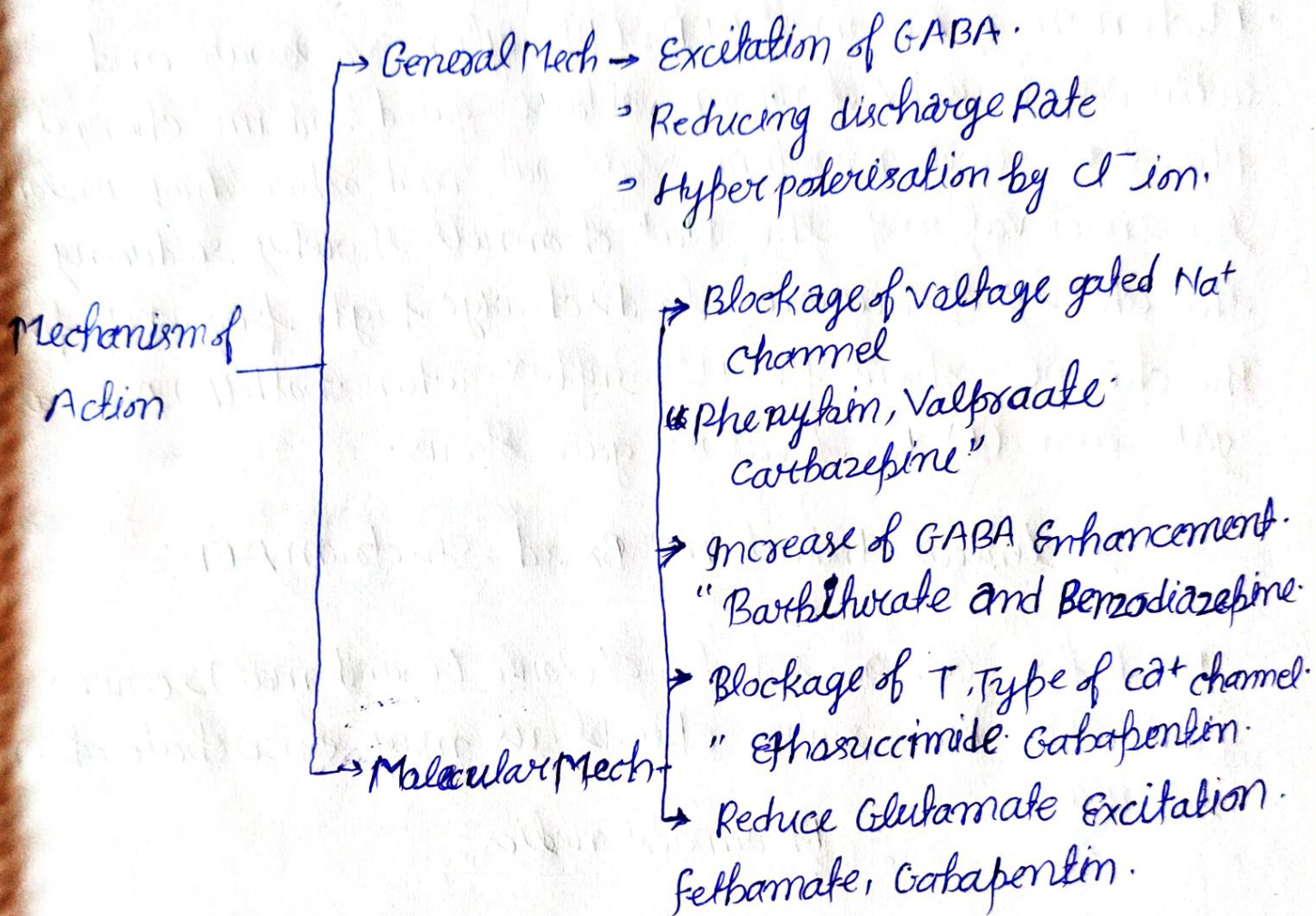
- (1) Barbiturate → Phenobarbitone
- (2) Deoxybarbiturate → Primidone
- (3) Hydantoin → Phenytoin, Fosphenytoin
- (4) Iminostilbene → Carbamazepine, Oxcarbazepine
- (5) Aliphatic carboxylic → Ethosuximide
- (6) Succinimide → Valproic Acid, Sodium Valproate, Divalproex
- (7) Benzodiazepines → Clonazepam, Diazepam, Lorazepam, Clobazam
- (8) Phenyltriazenes → Lamotrigine
- (9) Cyclic GABA → Gabapentin, Pregabalin
- (10) Newer drugs :- Topiramate, Zonisamide, Levetiracetam, Vigabatrin, Tiagabine, Lacosamide.

→ हाथ बाकर देव भली इनमे सक्सेस पाना हे तो वन भाओ
सन्यासी इन नर चक्करो मे न पड़े

Hydantoin, Barbiturate, Deoxybarbiturate, Aliphatic
carboxylic Acid, Iminostilbene, Succinimide, Phenyltriazenes
Newer drugs, Cyclic GABA, Benzodiazepines.

∴ Mechanism of Action ∴

It is of two types ∴



∴ Brief Notes on Antiepileptic drugs ∴

∴ Hydantains ∴

Phenytoin (Dilantin), Ethosuximide (Peganone), Fosphenytoin (Cerebryx)

Pharmacological Effects (Mechanism of Action)

Limits the development of spontaneous seizure activity and reduces the spread of the seizure.

- This effect is mediated by a slowing of the rate of recovery of voltage-gated sodium channels from inactivation, thus delaying repolarization and reducing excitability. This action is both voltage and use dependent.
- Mechanism of Action of AEDs (Phenytoin, Valproate and carbamazepine) Acting on voltage gated sodium channels. Phenytoin, carbamazepine, Valproate and other drugs prolong the inactivation of the Na^+ channels thereby reducing the ability of neurons to discharge high frequency firing. The channel opens for Na^+ influx when both (A) Activation gate and (I) Inactivation gate opens.

∴ Clinical Indications "Broad-Spectrum AED:-

Used for Generalised tonic/clonic (Grand mal) seizures, partial seizures, status epilepticus may exacerbate absence seizure

∴ Pharmacokinetics:

Phenytoin is highly fat soluble highly protein bound (98)%, readily absorbed from the GI tract metabolized in the liver by CYP2C9/10. It induces CYP2C/3A families. Oral bioavailability is variable due to first pass metabolism. Metabolism is nonlinear (see Box 2) since the metabolic enzyme is saturated at low concentrations the elimination of phenytoin follows zero-order kinetics. Thus a relatively small change in dosage can produce a marked change in blood levels. Valproic Acid lowers phenytoin plasma levels because it displaces phenytoin from plasma protein-binding.

sites and increases availability for metabolism. The metabolism of phenytoin is enhanced in the presence of inducers of liver metabolism (e.g. phenobarbital) and inhibited by other drugs (e.g. cimetidine) phenytoin should be used with caution in liver disease.

$$T_{1/2} = 24 \text{ hr.}$$

∴ Adverse effect:

- Gingival hyperplasia (20% - 40%) of patient, especially children
- coarsening of facial features hirsutism, skin rash, mental confusion, altered vitamin D and calcium metabolism.
- Dizziness, Ataxia, (inability to coordinate voluntary movement)
- nystagmus (involuntary movement of eye) diplopia (double vision)

∴ Teratogenic effect:

Cleft palate congenital heart disease, slowed growth and mental retardation (fetal hydantoin syndrome)

∴ Contraindication:

Sinus bradycardia and SA block.

∴ Succinamides:

Ethosuximide (Zarontin)

∴ Mechanism of Action:

Inhibits low threshold voltage (T-Type) calcium channel currents, especially in thalamic neurons that act as pacemakers to generate rhythmic cortical discharges.

(3-12 SHIDs)

◦ Clinical Indications ◦

Primary agent for the treatment of absence seizures.

Not effective in tonic clonic seizures.

◦ Pharmacokinetics ◦

Not plasma protein bound but it metabolised by hepatic microsomal enzymes (does not induce these enzymes)

$$T_{1/2} = 40-50 \text{ hrs}$$

◦ Adverse Effect ◦

Nausea and vomiting (onset of treatment) suspected Teratogen, most notably in combinations with barbiturates

◦ Efficacy ◦

Carbamazepine (Tegretol, Carbatrol)

◦ Mechanism of Action ◦

Inhibits voltage-gated sodium channels, It may also be a partial agonist at adenosine A_{2A} and/or A_{2B} receptors antagonist at A₁ Adenosine receptors, Adenosine is generally a central inhibitory substance.

!- Clinical Indications "Broad spectrum AED :-

used for generalized tonic/clonic (Grand mal) seizures partial seizures, status epilepticus.

→ Treatment of choice for partial seizures in pediatric patients in controlled studies, it is similar to phenytoin for focal and major motor seizures and has the least

Cognitive impairment.

Pharmacokinetics

80% is plasma protein bound.

Metabolised to an apoide that is as active as the parent compound by CYP3A4. induces hepatic microsomal enzymes CYP2C, CYP3A and UGT

$$T_{1/2} = 10-15 \text{ hr.}$$

Adverse Effect

Diplopia Ataxia.

May cause a rare but frequently fatal Aplastic Anemia. idiosyncratic

Toxicity

Liver toxicity. follow up with liver function test and CBC.

Contraindications

MAO inhibitors use within 2 weeks.

Benzodiazepines

clonazepam (Klonopin) Diazepam (Diastat Valium) Lorazepam (Ativan) clonazepate (Tranxene)

Mechanism of Action

Positive Allosteric modulators of GABA-A-receptors. Enhance the action of the inhibitory neurotransmitter GABA by acting upon specific benzodiazepine sites located on the

GABA-A-receptor channel

◦ Clinical Indications ◦

- ⇒ Adjunct for absence seizures myoclonic seizures Atonic seizure.
- ⇒ Diazepam lorazepam and clonazepam are used for status epilepticus and as adjuncts for other anticonvulsants.
- ⇒ Rectal Administrations of diazepam gel (Diastat) is Approved for intermittent use in adults as treatment of increased seizure activity while taking other AEDs
- ⇒ Rectal diazepam (Diastat) in children may help terminate seizures activity (febrile seizures) and reduce emergency room visits.

◦ Adverse Effect ◦

Use is limited due to 1) sedation and 2) tolerance.

These drugs can also cause respiratory depression and bronchial hypersecretion. They should be used with caution in patients with respiratory depression.

Clonazepam (Tranxene)

◦ Mechanism of Action ◦

Positive allosteric modulators of GABA-A receptors.

Enhance the action of the inhibitory neurotransmitter GABA by acting upon specific benzodiazepine sites located on the GABA-A-receptors channel.

Clinical Indication:

- Adjunct for absence seizures, myoclonic seizures Atonic seizure.
- Diazepam, lorazepam and clonazepam are used for status epilepticus as Adjuncts for other anticonvulsants.
- Rectal administration of diazepam gel (Diastat) is approved for intermittent use in adults as treatment of increased seizure activity while taking other AEDs
- Rectal diazepam (Diastat) in children may help terminate seizures activity (febrile seizures) and reduce emergency room visits.

Adverse Effect:

- use is limited due to 1) sedation and 2) tolerance.
- These drugs can also cause respiratory and depression and bronchial hypersecretion they should be used with caution in patients with respiratory depression.

Carboxylic Acid:

Valproic Acid (Depakene) Sodium Valproate

Mechanism of Action:

Exact mechanism unknown, possible mechanism proposed inhibits metabolism of GABA via down regulation of GAT-1 and GAT-3 transporter proteins thereby elevating CNS levels prolongs recovery of sodium channel inactivation some reduction of slow threshold (T-Type) Calcium currents

↳ Clinical Indications - Broad spectrum AED:-

Absence seizures, tonic-clonic seizures myoclonic seizures partial seizures.

⊖ Pharmacokinetics ⊖

- 70-90% plasma protein bound.
- ↳ Metabolised to a glucuronide conjugate by UGT Enzymes and beta oxidation. Inhibits UGT enzyme.
- ↳ Inhibits metabolism of drug that are substrates for CYP2C9 (Phenytoin and phenobarbital)

$$T_{1/2} = 15 \text{ hr}$$

Adverse Effects:-

- Nausea, Vomiting.
- Hepatotoxicity (Idiosyncratic)
- ↳ Can increase the blood levels of phenobarbital by as much as 40%.
- Teratogen → Neural tube defects craniofacial skeletal cardiovascular urogenital and cerebral defects combination therapy including sodium valproate is thought to be the highest risk for developmental effect.

⊖ Toxicity ⊖

Hepatotoxicity. Follow up with liver function test Adjust dose based on patient response and desired serum levels.

∴ Contra Indication:

Hepatic impairment, Hepatotoxicity, fetal risk and pancreatitis.

∴ Cyclic GABA Analogue:

Gabapentin (Neurontin)

∴ Mechanism of Action:

Gabapentin binds to the $\alpha_2\delta_1$ and $\alpha_2\delta_2$ regulatory subunits of high voltage Activated calcium channels (HVCCs are linked to Calcium neurotransmitter release)

→ Gabapentin is also as Agonist at certain GABA receptors.

→ In addition gabapentin exhibits a complex interaction with NMDA receptors. Drugs may either target certain combinations of NMDA receptors subunits or intracellular processes that affect the phosphorylation states of NMDA receptors.

∴ Clinical Indication:

Adjunct for partial and tonic-clonic seizures.

∴ Pharmacokinetics:

Is not plasma protein bound and does not induce liver microsomal enzymes therefore producing no interactions with phenytoin, valproic acid, phenobarbital or carbamazepine. Absorption in the GI tract shows stability increasing the does not proportionately increase the amount absorbed.

÷ Adverse Effect ÷

usually mild but include somnolence, fatigue, ataxia, dizziness.

= Animal studies suggest that gabapentin is not teratogenic however, the clinical data does not have sufficient numbers to make a valid conclusion (Pregnancy category C)

÷ Lamotrigine (Lamictal) ÷

÷ Mechanism of Action ÷

Inhibits release of excitatory amino acids (i.e. glutamate) probably by blocking voltage-gated sodium channels.

• Lamotrigine also inhibits N-Type and P/Q type voltage-gated calcium channels.

÷ Clinical Indication ÷

Adjunct therapy in patients with partial and tonic-clonic seizures with or without secondary.

Topiramate (Topamax)

÷ Mechanism of Action ÷

It reduce voltage-gated Na^+ channels, may act on inactivated state.

→ It activates K^+ current and GABA-A receptors current

→ It also limits activation of AMPA-Kainate subtype receptors.

∴ Clinical Indications:

- Partial seizures.
- Primary generalized (tonic-clonic) seizures

∴ Adverse Effects:

Somnolence, fatigue, weight loss nervousness memory impairment, kidney stones.

∴ Contraindications:

Alcohol use within 6 hours.

∴ Ethyl Alcohol (Ethanol) ∴

- Alcohols are hydroxy derivative of aliphatic hydrocarbons.
- When unqualified alcohol refer to ethyl alcohol or ethanol
- Pharmacology of alcohol is important for its presence in beverages which have been used since recorded history
- Alcoholism and for Alcohol intoxication, rather than as a medicinal substance.
- Alcohol is manufactured by fermentation of sugars.
- fermentation proceeds till alcohol content reached 15%
- Then the reaction is inhibited by alcohol itself.
- Starchy cereals, eg. barley, when soaked produce malt

Starch conversion → Maltose

- Which can then be fermented by yeast to produce Alcohol.

- The major source of commercial alcohol is molasses, a byproduct of sugar industry.

Alcoholic Beverages:

Malted liquors: Obtained by fermentation of germinating cereals are undistilled alcohol content is low (3-6%) e.g. Beers, Stout. Now strong beers (upto 100%) are also available

Wines: Produced by fermentation of natural sugars as present in grapes and other fruits.

- These are also undistilled.

→ Alcohol content 9-12% cannot exceed 15%.

→ Spirits: These are distilled after fermentation e.g. Rum, Gin, Whiskey, Brandy, Vodka, etc.

→ Through the alcohol content of these can vary from 40-55%.

Other form of Alcohols:

Absolute Alcohol: 99% W/W ethanol (dehydrated alcohol)

Rectified spirit: 90% W/W ethyl alcohol produced from fermented molasses, by distillation

- Proof spirit: It is an old term.

→ If whiskey is poured on gun powder and ignited and it explodes then it was labelled to be of proof strength,

→ if water is mixed to it gun powder will not ignite

→ 100% proof spirit is 49.29% W/W or 57.1% V/V alcohol.

⇒ Methylated spirit (Industrial) Also called denatured spirit

is produced by adding 5 parts of methyl alcohol to 95 parts of rectified so as to render it unfit for drinking.

⇒ It is tinted blue by methylene blue dye for distinction.

⇒ It can be applied on the skin for Antiseptic cleaning and astringent purposes.

∴ Mode of Actions ∴

⇒ Alcohol has been shown to enhance GABA release at GABA_A sites in the brain

⇒ It also inhibits NMDA and kainate type of excitatory amino acid receptors operating through cation channels.

⇒ Action of 5-HT on 5-HT inhibitory Autoreceptor (having an intrinsic ion channel) is augmented.

⇒ Some studies suggest that cerebral nicotinic cholinergic receptor (operating through Na channel) may also be one of the targets of Alcohol action.

⇒ Ethanol can indirectly reduce neurotransmitter release by inhibiting voltage sensitive neuronal Ca²⁺ channels.

∴ Pharmacological Action ∴

(1) Local Actions ∴ Ethanol is a mild rubefacient and counterirritant when rubbed on the skin. by evaporation it produces cooling.

⇒ Applied to delicate skin (Scrotum) or Mucous Membranes it produces irritation and burning sensation

Concentrated Alcohol (Spirit) should not be applied in the mouth nose etc.

- ⇒ Injected S.C. it cause intense pain inflammation and necrosis followed by fibrosis.
- ⇒ Injected around a nerve it produce permanent damage
- Applied to the surface alcohol is an astringent precipitates surface proteins and hardens the skin.
- ⇒ By precipitating bacterial proteins it acts as an Antiseptic.

∴ CVS ∴

- ⇒ Alcohol is a neuronal depressant.
- ⇒ These are primarily inhibitory - Apparent excitation and euphoria are experienced at lower plasma concentrations 30-60 mg/dl.
- ⇒ Mood and feeling are altered anxiety may be Allayed impairment of attention memory blackouts occur.
- ⇒ 200-300 mg/dl result in stupor and above this unconsciousness prevails. medullary centres are paralysed and death may occur.
- ⇒ Alcohol can produce anaesthesia.
- ⇒ Driving is dangerous performance is impaired.

∴ CVS ∴

- The effects are dependent on dose.
- ⇒ Small dose ∴ Produce only cutaneous (Especially on the face) and gastric vasodilatation.
 - skin is warm and BP is not affected

⇒ Moderate doses : Cause tachycardia and a mild rise in BP due to increased muscular activity and sympathetic stimulation.

⇒ Large doses : Cause direct myocardial as well as vasomotor centre depression and there is fall in BP.

- Blood :-

Regular intake of small to moderate amounts of alcohol 12 drinks has been found to raise HDL.

- cholesterol levels and decrease LDL oxidation
- This may be responsible for the 15-35% lower incidence of coronary artery disease in such individuals

⇒ Mild anaemia : is common in chronic alcoholics.

o Body temperature

- Alcohol is reputed to combat cold.
- It does produce a sense of warmth due to cutaneous and gastric vasodilation, but heat loss is actually increased in cold surroundings.
- ⇒ High doses temperature regulating centre.

o Respiration :

Brandy or whiskey are reputed as respiratory stimulants in collapse.

- They irritate buccal and pharyngeal mucosa which may transiently stimulate respiration reflexly.

However, it is better not to depend on this because the direct action of alcohol on respiratory centre is only a depressant one.

∴ GIT ∴

- ⇒ Dilute alcohol (optimum 10%) put in the stomach by Ryle's tube is a strong stimulant of gastric secretion (especially of Acid)
- ⇒ Higher concentration (Above 20%) inhibit gastric secretion cause vomiting mucosal congestion and gastritis.

∴ Liver ∴

- Chronic Alcoholism exposes liver to oxidative stress and causes cellular necrosis followed by fibrosis.
- ⇒ Acetaldehyde produced during metabolism of Alcohol appears to damage the hepatocytes and induce inflammation, especially on chronic ingestion. of large amounts alcoholic cirrhosis.
 - ⇒ Regular Alcohol intake induces microsomal enzyme.

∴ Skeletal Muscle ∴

- ⇒ Alcohol produces little direct effect.
- ⇒ Fatigue is allayed by small doses but muscle work is increased or decreased depending on the predominating central effect.
- ⇒ Weakness and myopathy occurs in chronic Alcoholism.

◦ Kidney ◦

- ⇒ Diuresis ◦ Diuresis is often noticed after alcohol intake.
- ⇒ This is due to water ingested along with drinks as well as alcohol induced inhibition of ADH secretion.
- ⇒ It does not impair renal function.

◦ Sex ◦

- Aggressive sexual behaviour is due to loss of restraint and inhibition.
- ⇒ However performance of the sexual act is often impaired.
- Chronic Alcoholism can produce impotence, testicular atrophy, Gynaecomastia and infertility in both men and women.

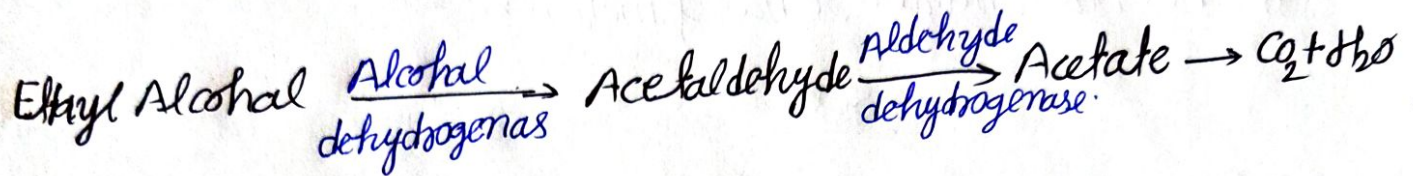
◦ Endocrine Effect ◦

- Moderate amounts of Alcohol increase Adr release which can cause hyperglycemia and other sympathetic effects.
- However acute intoxication is often associated with hypoglycaemia and depletion of hepatic glycogen because gluconeogenesis is inhibited.
 - Glucagon, thus fails to reverse it and glucose must be given to counteract hypoglycaemia.

◦ Pharmacokinetics ◦

- Absorption from intestine is very fast.
- Peak levels are attained after 30 min.
- ⇒ Limited first pass metabolism occurs in stomach and liver.

- Absorption of Alcohol from skin of Adults is minimum but may be significant in infants.
- Alcohol gets distributed widely in the body (Vol of distribution 0.7 L/Kg) crosses blood brain barrier efficiently: conc. in brain is very near blood conc. It also crosses placenta freely.
- Alcohol is oxidized in liver to the extent of 90%.



- Excretion of Alcohol occurs through kidney and lungs.
- concentration in exhaled air is about 0.05% of blood concentration.

⊖ Contraindications ⊖

Intake of Alcohol should be Avoided by -

- Peptic ulcer, hyperacidity and Gastroesophageal reflux patients (Alcohol increases gastric secretion and relaxes LES)
- Epileptics - Seizures may be precipitated.
- Severe liver disease patients.
- Pregnant women - Growth retardation, low IQ.

⊖ Disulfiram ⊖

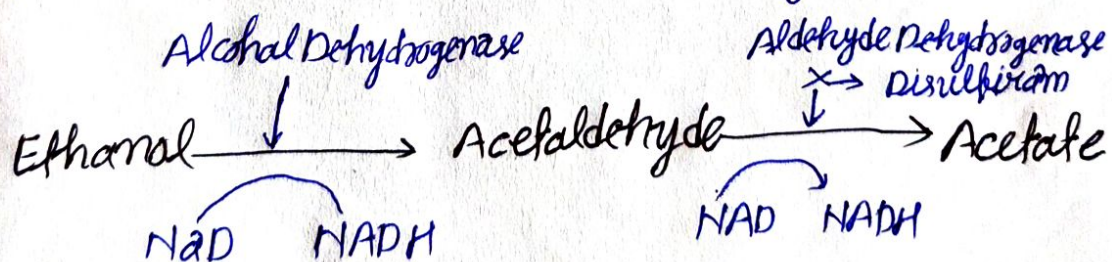
Disulfiram is an aldehyde dehydrogenase inhibitor. It prohibits the activity of Aldehyde dehydrogenase, an enzyme found in the liver in the United States disulfiram is sold under brand name Antabuse.

Purpose:

Disulfiram is used as a conditioning treatment for Alcohol dependence. When taken with alcohol, disulfiram causes many unwanted and unpleasant effects and the fear of these is meant to condition the patient to avoid alcohol.

→ Disulfiram by itself is non-toxic. If taken with alcohol however, it alters certain steps in the breakdown of Alcohol when alcohol is ingested it is converted first to a chemical called Acetaldehyde. Acetaldehyde is further broken down into acetate, (Aldehyde) In order for Acetaldehyde to be broken down into acetate, Aldehyde dehydrogenase needs to be Active. Disulfiram is an Aldehyde dehydrogenase inhibitor. Since disulfiram blocks the activity of Aldehyde dehydrogenase Acetaldehyde can't be broken down and the levels of Acetaldehyde become five to ten times higher than the normal levels. This causes uncomfortable effects that encourage the person to avoid Alcohol.

Disulfiram comes in a 250 and 500 mg tablet.



Side effect:

The most common side effect of disulfiram includes drowsiness and fatigue. Many patients experience metallic or garlic-like aftertaste but most patients develop tolerance to this effect.